

# PAD Patient Intake Decision Tree

Answers to the following questions will help determine if you are at risk for Peripheral Arterial Disease (PAD) and if a vascular examination can help better assess your vascular health status.

1	Do you experience any pain in your legs or feet while at rest?	Yes No	
2	Do you have uncomfortable aching, fatigue, tingling, cramping or pain in your feet, calves, buttocks, hip or thigh during walking/exercise?	Yes No	
3	If yes to Question 2, does the pain go away when you stop walking/exercising?	Yes No	1 Yes ABI
4	Do your feet get pale, discolored or bluish at any time during the day?	Yes No	
5	Do you have an infection, skin wound or ulcer on your leg or foot that is slow to heal over the past 8-12 weeks?	Yes No	
6	Are you over the age of 65	Yes No	
7	Are you over the age of 50	Yes No	
8	Do you have high cholesterol or other blood lipid (fat) problems or require cholesterol medication?	Yes No	
9	Do you have high blood pressure or take medication to reduce blood pressure?	Yes No	
10	Do you have diabetes?	Yes No	
11	Do you have a history of chronic kidney disease?	Yes No	2 Yes ABI
12	Do you currently or have you ever smoked?	Yes No	
13	Do you have a history of stroke or mini-stroke (TIA)?	Yes No	
14	Do you have a history of heart disease (heart attack, MI)?	Yes No	
15	Do you have a history of carotid stenosis, AA (abdominal aortic aneurysm), and/ or stent placement?	Yes No	

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## INDICATIONS FOR THE EVALUATION OF PATIENTS WITH SUSPECTED PERIPHERAL ARTERIAL DISEASE



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- ◇ 75% of adult population with active PAD are asymptomatic.
- ◇ Test patients over age 65 years not previously diagnosed with PAD or having an ABI within the past year.
- ◇ Test patients over age 50 years with a history of smoking or diabetes.
- ◇ Test all symptomatic patients. Examples include but are not limited to claudication, critical limb ischemia, non-healing ulcer/wound or neuropathic leg pain.
- ◇ Utilize the AHA PAD survey to aid in the identification of patients that would benefit from PAD testing. (see pg. 2)



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